



**CONSULTATION FORM**

First name \_\_\_\_\_ Last name \_\_\_\_\_

Age \_\_\_\_\_ D.O.B. \_\_\_\_\_ Gender m/f \_\_\_\_\_ L/R handed \_\_\_\_\_

Email address \_\_\_\_\_

Contact number \_\_\_\_\_ Occupation \_\_\_\_\_

Surgery/Doctor's name/Address \_\_\_\_\_

\_\_\_\_\_

**Medical history** (within the last 6 months and any key issues prior to this; please explain in detail)

\_\_\_\_\_

**Recent accident, operation, asthma, diabetes, epilepsy, allergies** (please explain in detail, if any)

\_\_\_\_\_

**Arthritis, osteoporosis** \_\_\_\_\_

**Family medical history** (may impact on ability to provide treatment)

\_\_\_\_\_

**Temperature, high blood pressure, acute disease** \_\_\_\_\_

**Migraine, headache** \_\_\_\_\_

(\*Relevant to a female only)

**\*Menstrual pattern** or any **gynaecological problems?** (If any, please explain below)

\_\_\_\_\_

**\*Pregnant or trying?** \_\_\_\_\_

Sleep patterns \_\_\_\_\_

Diet \_\_\_\_\_

Daily intake of water /other drinks \_\_\_\_\_

Do you smoke? Howe many per day? \_\_\_\_\_

Weekly intake of alcohol \_\_\_\_\_

Are you receiving any other treatment?

\_\_\_\_\_

**Disclaimer:** The information I have given is true to the best of my knowledge and I have not withheld any information concerning my health. I have been made aware of contra-indications and any issues which might arise after treatment. Participation in the treatment is my own decision. I will advise my therapist of any changes in my medical condition. I will also advise immediately if any part of the treatment causes undue discomfort or pain.

#### **PRIVACY AND DATA PROTECTION**

**Your records will be processed in accordance with the new GDPR 2018, a link to which can be found on Dara's website at [www.daratherapies.co.uk](http://www.daratherapies.co.uk)**

**Keeping in touch using the following methods regarding the appointments or administrative purposes:**

**Telephone  
Email**

**Text**

**Post**

**For promotional purposes please use**

**Telephone  
Email**

**Text**

**Post**

Client Signature

Therapist signature

\_\_\_\_\_

\_\_\_\_\_

date

date

Dara Krastich Jan/19